

Blood Drive Planned Monday and Tuesday at SWOSU

09.19.2014

The Oklahoma Blood Institute will be on the Weatherford campus of Southwestern Oklahoma State University this Monday and Tuesday, September 22-23, for a blood drive.

The blood drive will be held in the Wellness Center from 11 a.m. to 4 p.m. both days, and the public is invited and encouraged to stop by and give blood. All donors receive a free t-shirt, health screenings and donor reward points.

Helpful tips for a successful donation include eating well, getting a good night's sleep and drinking plenty of fluids before giving blood. According to information from the OBI, one blood donation can save up to three lives.

For more information about the upcoming blood drive, contact sponsor SWOSU Collegiate Activities Board at 580.774.3767.